

Marvara Isaac

Superior Martial Arts Training Center, Inc.

Marvara Isaac is both a Registered Nurse of over 20 years and the owner of Superior Martial Arts Training Center, Inc., located in Upper Marlboro, MD. Her martial arts school takes pride in focusing on the mental, emotional and physical health of each student. It has been in existence since 2008, and has become a pillar in community, so much so that they often have a waiting list! They have serviced thousands of families and have positively made an impact on the trajectory of many. She is proud to be among a small group of female-owned martial arts schools and an even smaller group of black-owned female martial arts schools in the nation.